

PRESIDENT'S MESSAGE



Dear Friends,

This is my last message as your president and I would like to thank everyone for their inspiration, support, hard work, and friendship. I am honoured to have served as president for two terms (2006-2008 and 2011-2013). In 1993, the year of the MCW

Centennial Celebrations, I first became an active council member. Twenty years later, I am happy to be a part of the 120th Anniversary celebrations.

On April 10th, we held our first 120th event at the Musée des Beaux Arts. In honour of the late Amy Williams, Past President (1975-1978 and 1992-1994) and born in Peru, a number of members attended an impressive guided tour of *Peru: Kingdoms of the Sun and the Moon.* Many thanks to Cheryl Braganza for organizing this enjoyable event.

On April 16th a wonderful cocktail reception was held at Montreal City Hall to honour the MCW in celebration of our 120th Anniversary. Our gracious hosts, Mayor Michael Applebaum, Madame Émilie Thuillier and members of the executive and staff, enchanted the close to 100 honoured guests, members and friends with their warmth and interest. We thank Eleni Bakopanos and Beverley Colquhoun for working with City Hall to make this event a reality.

We look forward to seeing you at the upcoming 120th Anniversary events. I'm sure, like me, you won't want to miss one. From tours to teas, to cocktails and galas, there is a range of activities to please everyone.

The celebrations will continue at the National Council of Women of Canada's AGM from June 6th to 9th in Richmond, B.C. Why not plan to attend?

It is with sadness we announce the passing of long-time member Vi Bray. She will be remembered for her sparkling smile and generous spirit.

Returning from the World Congress on Art Deco in Havana, I was surprised to still find cold weather. As ever, it was warm and inviting at the Salle Polyvalent where our April program attracted a lively audience to listen to guest speaker Pierre Lussier, Vice-président directeur, PROJETS Saint-Laurent/Jour de la Terre Québec. Many said that his timely presentation was one of the best they had heard on our environment. It caught everyone's attention – as rightly it should. Without a healthy environment we cannot sustain ourselves. Thanks go to Environmental Convener, Nusrat Mirza, for organizing this important presentation.

Several members asked about my impressions of how women are treated in Cuba. Our knowledgeable female tour guide told us that women were treated as equals in all areas, even pay. Following the World Conference on Women in Beijing in 1995, the Cuban government initiated a program incorporating more than 80 recommended measures directed towards improving the status of Cuban women. Discrimination based on gender, ethnicity or religious preference is outlawed by the Cuban constitution, and laws back other measures of gender equality.

Thanks to the Auxiliary of the Royal Victoria Hospital for their generosity in sponsoring the lunch, as well as Frances Gregory and her team for arranging it. As ever, the draw was a hit, thanks to our generous donors, Pierre Lussier, O-Way Coiffure, Nusrat Mirza and Gloria White.

There are many issues that we must continue to focus on. Our hearts go out to the family of Rehtaeh Parsons, a 17-year-old high school student from Halifax, who committed suicide after she was allegedly gang-raped and bullied. How many more will have to die before we acknowledge our need for greater understanding and action? I am happy to report, the Harper government aims to address cyber-bullying. Laureen Harper is also adding her voice to a new tool, needhelpnow.ca, to help victims of sexting and cyber-bullying.

In Montreal, bicycle accidents continue to be happening too frequently. The Gazette obtained records from the SAAQ which showed that, from 2006 through 2010, there occurred 3,742 collisions between cyclists and moving vehicles. When will we get the much-needed enforcement of bicycle rules, even licenses? Language tensions in Quebec continue over the question of integrating French/English schools; why not integrate them? The use of our now abandoned mountainside hospitals is now being debated. How will these decisions affect the city and the green spaces on the mountain? Many are concerned about the worst scenario that building condominiums on the mountain will create another gated community and limit access to the mountain. This happened to Cote des Neiges with the Marianopolis development.

It is always an exciting and fulfilling time to be a part of the Council. We require everyone's input if we are to be effective. All who share our mission are invited to join us. It is the infusion of new people and new ideas that keep the MCW as relevant today as has been over the past 120 years.

We look forward to seeing you at our Annual General Meeting on May 9th (the 2nd Thursday of May) after which there will be a lively presentation by Quincy Armorer of the Black Theatre Workshop.

The last event of the year will be held on June 20th - our 120th Anniversary Federates Tea and Networking - a special celebration and an enjoyable afternoon not to be missed. Wear your favorite hat and be ready to have a wonderful time. What a great way to end a great year. I look forward to seeing everyone there.

All my best wishes and warmest regards,



- Sandra Cohen-Rose, President, MCW

QUOTE: "Violence is not power, but the absence of power" – Ralph Waldo Emerson (May 25, 1803 – April 27, 1882) American essayist, lecturer, and poet.

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PROGRAM

MCW'S GENERAL COUNCIL MEETING THURSDAY, May 9, 2012, NOON



I am pleased to announce that we have organized another excellent program for our last General Assembly meeting for the year on **Thursday, May 9** at Les Jardins du canal, 2700 Rufus Rockhead (opposite Atwater Market).

If you have any suggestions for a presentation, please email me at smcleod@ndgscc.ca.

All are welcome!

- Sheri McLeod, VP of Programs, MCW

THE LAST GENERAL MEETING OF THE YEAR - NOT TO BE MISSED!

UPCOMING MEETING – Annual General Meeting - Thursday May 9, 2013

12:00 NOON; Light Lunch @ \$10/person

1:00 PM - MCW AGM

2:00 PM – Speaker's Presentation

Les Jardins du canal, 2700 Rufus Rockhead

RSVP on-line by Monday, May 6

ONLINE REGISTRATION: ON-LINE INVITATIONS will be sent by email and will also be available on the MCW's website: www.mcw-cfm.org under "*Invitations*".

AFTERNOON PROGRAM

Quincy Armorer, Black Theatre Workshop



Guest speaker Quincy Armorer, Artistic Director, Black Theatre Workshop, www.blacktheatreworkshop.ca, will speak about the contributions of black women in Canadian theatre, with particular reference to the achievements of women playwrights over the last 25 years. He will draw links to his love

of Shakespeare and the Elizabethan world, back to a time where there was no place for any woman in the theatre.

The Black Theatre Workshop is an incorporated, non-profit company, founded in 1972. Before that time the organization was known as the Trinidad and Tobago Drama Committee, and operated as an amateur theatre group. The mission of BTW is to encourage and promote the development of a Black and Canadian Theatre, rooted in a literature that reflects the creative will of Black Canadian writers and artists, and the creative collaborations between Black and other artists. BTW aims to promote and produce Black theatre that educates, entertains and delights its audiences.The company strives to create a greater cross-cultural understanding by its presence and the intrinsic value of its work.

Quincy Armorer has worked as an actor, director and theatre administrator for several years. As an actor, he has worked at the Stratford Shakespeare Festival, Centaur Theatre, Black Theatre Workshop, St. Lawrence Shakespeare Festival, Repercussion, Geordie Productions, Piggery Theatre, Shakespeare by the Sea, among others. He was Associate Artistic Director of Black Theatre Workshop for its 2005-2006 season and has worked with the company over many years as a director, assistant director and stage manager. He is an alumnus of the Birmingham Conservatory for Classical Theatre at the Stratford Shakespeare Festival, and last year appeared in Intimate Apparel at Centaur Theatre, and in A Midsummer Night's Dream and the title role in Othello at the St. Lawrence Shakespeare Festival.

SAVE THE DATES:

Thursday, June 20, 2013 – 120th Anniversary Federates' Tea and Networking

RSVP online by Monday, June 17

Time: Federates' Tea @\$20/person at 12:00 noon **Where:** 2700 Rufus Rockhead (across from Atwater market, metro Lionel-Groulx, bus 108)

Thursday, September 12, 2013 – Town Hall 1st General Meeting of 2013-2014

RSVP online by Monday, September 9

Time: Light lunch @\$10/person at 12:00 noon Where: 2700 Rufus Rockhead (across from Atwater market, metro Lionel-Groulx, bus 108) Speakers: TBA; details to follow by email

TIME TO RENEW MCW/CFM MEMBERSHIPS AND PAY FEES

REMINDER: FEES DUE AS OF MAY 1, 2013

Dear Federated Societies Reps & Individual Members,

Please be advised that **Membership Fees for 2013-2014** are due as of May 1, 2013. We ask that you remit your fees as soon as possible. **NOTE:** *Memberships may lapse if unpaid by September 1.* Your fees defray the costs of mailings, printing of reports, programs and other administrative items. Currently, fees do not cover these expenses. This year,

membership fees have been increased and are as follows:

| Individual Member: | \$35 |
|-------------------------|-------|
| Patron Member: | \$60 |
| Federated Society 1-99: | \$40 |
| Federated Society 100+: | \$50 |
| Life Member: | \$500 |

We really need your up-to-date contact information for our records and for the MCW Directory; for Federates we require contact information for your president and two representatives. The directory will be printed every two years to obtain cost savings. We are working on an electronic version and will update you when it is available.

For information, contact Shirley Gyles, Membership Secretary, by telephone at 450-672-7081 or by email mcwmembership@gmail.com; or Frances Gregory, Assistant Membership Secretary, at (514) 935-1674.

Thank you for your kind collaboration and support!

MCW'S 120TH ANNIVERSARY BOOKLET

REMINDER: To Individual and Federate Members

It's not too late to send your submissions. We are still missing many Federates and Individual Members and would like to include you in the booklet! If you require further information or wish to send your write-up, contact Beverley at 514-288-9335 or send your submission and photos by email to mcwcommunications2011@gmail.com

Interested in VOLUNTEERING | Contact Bonnie Destounis on MCW committees? | Tel: 514 733 7238

LUNCHES - MCW GENERAL MEETINGS

The MCW Hostess Group welcomes Federate members who would like to provide a lunch for a General Meeting. The Federate member has the opportunity to give a short presentation on its activities. If you are interested in doing this, please contact Frances Gregory, Hostess Group Convener telephone (514) 935-1673 or e-mail: frances.gregory@videotron.ca.

MCW 120TH ANNIVERSARY FESTIVITIES – DON'T MISS ANY!

REMINDER: UPCOMING SPECIAL EVENTS

Our first two events celebrating MCW's 120th Anniversary were very successful. Come and join us at our upcoming activities. Invite your members and friends! The organizers have done a tremendous job at planning them. Everyone is welcome!

An email invitation to RSVP for these special events will be sent prior to each event. Please **reserve online –** website www.mcw-cfm.org.

GOLDEN SQUARE MILE HOUSE TOUR



Visit some turn of the century, elegant homes of former well known Montrealers who contributed to the fabric of our city. Among them are the Dunlop House, the Maxwell House, the John-Wilson-McConnell House and the Clarence de Sola House This tour will include homes 3

within walking distance along Pine Avenue and Doctor Penfield. Our guides will give tours in English or French: Jean-Yves Bourdages, Jack Gaiptman and Kristen Hansen, members of Art Déco Montreal. Come to the Bronfman Building to meet our guides, pay the fee, have your hand stamped for tour and see MCW's Centennial Tapestry.

Date: Tuesday, May 28 Time: 1:00 pm

Place: Everyone must meet at the Samuel Bronfman Building, Concordia University, 1590 Docteur Penfield Avenue (corner of Côte-des-Neiges); Bus 66,165,166,144; Parking on the road or Seaforth Building or L'Ermitage de Montreal Tickets: \$30/person – members must be registerd to enter houses Guided Tour for groups RSVP by Friday, May 24 online at www.mcw-cfm.org Contact: Sandra Cohen-Rose, President, 514-931-9325

120TH ANNIVERSARY FEDERATES TEA



Come and enjoy a traditional English tea, including sandwiches, scones, cakes and cookies with members and friends. Share ideas and circulate info about your groups.

Date: Thursday, June 20 Place: Les Jardins du canal, 2700 Rufus Rockhead

Tickets: \$20/person RSVP by Monday, June 17 online at www.mcw-cfm.org Contact: Frances Gregory, Convener, Hostess Group, 514-935-1674

$120_{^{\rm TH}} \text{ ANNIVERSARY GALA DINNER}$



Come and enjoy a fabulous evening with members and friends of the Montreal Council of Women at the luxury Hotel Omni Mont-Royal – an atmosphere of elegance and celebration. Date: Friday, November 29

Place: Hotel Omni Mont-Royal **Guest Speaker:** To be announced

Tickets: \$100/person **RSVP by Monday, November 25** online at www.mcw-cfm.org **Contact:** Co-Chairs 120th Anniversary Committee Bonnie Stamos Destounis, 514-733-7238, and Vivianne Silver, 514-483-2228

MCW 120TH ANNIVERSARY FESTIVITIES PERU EXHIBITION – MUSÉE DE BEAUX ARTS



The first celebration event of MCW's 120TH Anniversary took place on Tuesday, April 10, 2013.

In memory and honour of Amy Williams, Past President of the Montreal Council (1975-1978 & 1992-1994), born in La Oroya, Peru, and in collaboration with the Musée de Beaux Arts, I arranged a private

tour at the request of President, Sandra Cohen-Rose.

We welcomed Frances Gregory, Gloria Simmons, Mary Ann Varadi, Anne Fourquier, Sandra Cohen-Rose, Renate Sutherland, Carol & Arthur Schweitzer. Arriving before the museum opening, we only just managed to avoid the crush of school children who had descended from two buses.



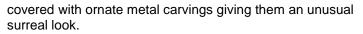
In exactly one hour, our cheerful docent Vera guided us through the most important areas, giving us a taste of 3000 years of this cradle of civilization which produced such extraordinary and magnificent works of art. We feasted on

exquisite jewelry, terracotta figurines, cups, pots, embroidery, wood carvings, paintings and sculptures which included 100 pieces never before seen outside Peru.

Here's some of what we learned in a nutshell: The pre-Columbian Andean societies were keen on

rituals one of them being the sacrifice of humans and animals, with the blood collected in decorative cups. So we saw a lot of cups and carvings of hands holding severed heads. (Yuk !) Feathers, spiders, snakes, spondala shells, birds, carved gourds were all used as tools to communicate with the dead.

Gold was a symbol of the sun and male, while silver was the moon and female. (Now I know why I like silver!) There were an abundance of masks at the exhibit - in order to keep the bad spirits out, orifices such as the nose, ears and mouth were



Two rooms, devoted to the Spanish conquest in 1500 and modern Peru, were filled with statues, intricate carvings and paintings (shown here) depicting the recent meeting of cultures.

Finally, on the way out, in semi-darkness is the gold Mochica shimmering mask enclosed in a glass case also called the

'Mona Lisa of Peru'. It's the image that hangs in the front of the museum on Sherbrooke Street. Quite a grande finale - and of course, we couldn't help but smile back at him..... or her...... Mona Lisa style naturellement, enticed enough to



return there soon. Amy Williams would have been proud......

- Cheryl Braganza, MCW Arts Convenor

A COCKTAIL WITH THE MAYOR

On Tuesday, April 16, 2013, Montreal City Hall received the Montreal Council of Women/Le Conseil des femmes de Montréal to celebrate its 120th Anniversary with a Cocktail with the Mayor in the Hall of Honour. This was our second anniversary event to take place and we were very honoured by Mayor Applebaum's invitation.

Mayor Michael Applebaum and Madame Émilie Thuillier, Vice-Chair of the Executive Committee, greeted close to 100 MCW/CFM members and friends and several honoured guests were recognized. Among these were the MCW Honorary President the Hon. Lucie Pépin; former Presidents Catherine Laidlaw Sly and Mair Verthuy (Honorary VP); United States Consul General Andrew Parker and Sheryn Hylton-Parker; past Woman of the Year Award winners Shirley Rind Cohen (2012), Eleni Bakopanos (2010), Ginger Petty ((2007), Shirley Gyles (2002) and Lorine Besel (1980). Event organizer the Hon. Eleni Bakopanos worked closely with Co-Chairs of the 120th Committee Bonnie Stamos Destounis, Past President, and Vivianne Silver, Executive VP, as well as Beverley Colguhoun, VP Communications. Several City councillors and executive members also joined in the celebration, including Mary Deros, Bonnie Feigenbaum and Melpa Kamateros.



THE BULLETIN

The atmosphere was festive. Mayor Applebaum gave a special tribute to the MCW/CFM for its work in the community over 120 years, followed by Mme Thuillier who also praised the Council



for its achievements. President Sandra Cohen-Rose thanked the Mayor and Mme Thuillier, as well as members of City Hall who organized the event. She highlighted the long relationship that the Council has had with City Hall since 1893 when Alphonse Desjardins was mayor until today. Cohen-Rose reminded us that in 1993, for MCW's 100th Anniversary, Mayor Jean Doré honoured us at City Hall. We had completed the Centennial Tapestry to celebrate 100 years and today it hangs in the Samuel Bronfman Building at Concordia University. Following the speeches, there was the signing of the City's Golden Book. Mayor Applebaum, Mme Thuillier, the protocol and support staff remained to chat with everyone and have photos taken. Their hospitality and genuine interest in MCW was much appreciated. It was truly a wonderful celebration! Photos of event: www.mcw-cfm.org under Photo Gallery Beverley Colquhoun, Editor, The MCW Bulletin

LILY OF THE VALLEY - Flower for May



The meanings of the Lily of the Valley include humility, chastity, sweetness, happiness and is said to bring luck in love. It is generally white in colour. The flower conveys sweetness and humility. In the Victorian era, it was gifted to convey the romantic message 'you have made my life complete'. Technically lily of the valley is not a lily at all, the plant belongs to the botanical family

Ruscaceae, not the Liliaceae (lily family). The Lily of the Valley is a poisonous woodland flowering plant native throughout the cool temperate Northern Hemisphere in Asia, Europe and in the southern Appalachian Mountains in the US. It has been used in herbal medicine as a poison antidote, for the heart and epilepsy. The plant contains various toxins that stimulate the heart and, if ingested in large quantities, can cause death!

UPCOMING DRAW AND AUCTION FOR "CELEBRATING WOMEN" PRINTS

At MCW's upcoming AGM and 120th Anniversary Federates' Tea, we will be holding draws and auctions for four beautiful prints by a Canadian artist Larisa Sembaliuk Cheladyn. The original paintings ranged in price from \$3,000 to \$25,000. They were included in a touring national art exhibition in 2004 called *"Celebrating Women"*, honouring the pride, passion and perseverance of Canadian Women. They are a dynamic statement about the impact women have had on Canadian history. Women have been integral to the development of Canada's social heritage and national identity. Larisa's visual imagery reflects on the many roles women have played in the development of Canada, particularly in the areas of health, safety, education, human rights, cultural identity, family and community development. All funds raised will be donated to the National Council of Women of Canada. Let's have fun!



Fabric of a Nation - Inspired by the rich ethnic diversity of Canadian Women, this painting, Fabric of a Nation, is a tribute to their contributions to the social fabric of our nation. Canadian women come from diverse backgrounds and women are most often the day-to-day guardians of their cultural traditions. Their clothing is often a statement of cultural as well as personal pride. Each is identifiable as an individual, yet collectively they represent one large country.

Raising the Glass Ceiling - This painting, Raising the Glass Ceiling was inspired by the Canadianborn cosmetics magnate Elizabeth Arden, and features the elegant Elizabeth Arden Tulip. Business and Commerce in Canada are not for the faint of heart. There are many obstacles and challenges that often seem insurmountable, especially for women determined to pursue this career direction. This painting is dedicated to all women who have a vision and the drive to make it happen, to raise, if not to break, the 'glass ceiling.'





Homelessness - Why in our society do we treat the homeless like weeds- discarding them like unwanted flowers? A child, like a seed with so much potential, needs to be nourished, cared for and loved. Given the opportunity each will grow, blossom and flourish - bringing forth its individual beauty.

Canadian statistics show that the problem of homelessness is increasing, particularly among our youth. It is a reality which we all have to face and deal with.

Music to Our Ears – Inspired by the montreal-born composer, Violet Archer, this painting is dedicated to all women who pursue their passion and natural talents.

"I'm a composer. I happen to be a woman and that's one thing, but I'm not a woman composer. I'm a composer. I'm an artist first. That drives my life." Violet Archer, 1913-2000 (Music Department, Dalhousie University)



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JOUR DE LA TERRE



Our guest speaker for April 4th, 2013, meeting was Mr. Pierre Lussier, Vice President of Jour de la Terre, which represents the Earth Day Canada organization (www.earthday.ca) in Quebec.

Mr. Lussier enlightened MCW members about the various projects initiated by Jour de la Terre Quebec with support from Quebecor, IGA and TD Bank. For

example, 'Allo la Terre' project is meant to recycle electronic equipment up to 80%. Boxes with the logo have been put up at several locations for the public to drop their used electronic goods. Project 'zinzen' was undertaken to help create and revitalize unused spaces by integrating art, architecture and urban agriculture. The long term goal is to expand these areas to create a network of unique places offering a serene environment within the city. It is a venture funded by Eco IGA fund.

Another environmental initiative by Eco IGA is the distribution of rainwater barrels to recover rainwater between April 18th and July 21st 2013. Barrels will be available to citizens at a cost of \$30. Since there will be 70 barrels available per store, one must fill out a registration form.

For more info, please check www.jourdelaterre.org Phone: (514) 728-0116 Toll Free: 1-800-424-8758 Email: info@jourdelaterre.org



Mr. Lussier's dynamism and enthusiasm for improving the environment was reflected in his talk. He was able to generate a desire in all of us to reflect upon our ability to do more to protect our beautiful planet.

Nusrat Mirza, MCW Convener, Environment

WOMEN'S ART SOCIETY'S ANNUAL JURIED ART SHOW

On Thursday, April 4, the Women's Art Society held their Annual Juried Art Show Vernissage at Ogilvy Tudor Hall.



A painting, "*The Healing Cloak*", by MCW Art Convener Cheryl Braganza, was selected and exhibited. Bonnie Stamos Destounis. MCW's Past President, and her daughter Adrienne visited the exhibition and are seen here

standing with Cheryl in front of her painting.

OBITUARY - Vi (Violet) Bray



With great sadness, Vi's family announced that she left us on Thursday, March 21, 2013. Vi lived her life "thinking of others first," giving and doing for many and keeping her "Brownie Promise." Her "one of a kind" wit, unique energy and total dedication to all that she believed in, will be missed by everyone whose lives she touched!

Vi will be missed by her daughter, Pat, and sons, Russ and Doug, her grandchildren and great-grandchildren, and many friends and colleagues. In her middle years, she graduated as a Child Care Councillor and taught independent-living skills to intellectually-challenged adults. A life-long member of Girl Guides, she held many positions including Brown Owl, fantastic Trainer (nationally & internationally). She was so proud to be a member of the prestigious Olave Baden Powell Society.

A strong, decisive and independent woman, it was natural for her to be active, as a Life Member, with the Montreal Council of Women and the National Council of Women of Canada. When she was on the NCWC AGM Minutes Committee, Vi diligently handed Lynda Newson, the Recording Secretary, a sheaf of notes she had taken in shorthand throughout the meeting and was quite aghast to discover Lynda could not read "real shorthand"!

Vi was also involved with the Conseil provincial des femmes du Québec-Provincial Council of Women of Quebec and the NCWC Development Organization. Donations in Vi's memory to the OBPS <obps@wagggsworld.org> would be gratefully appreciated. For the pleasure of having known this perennial Brownie and gracious lady, we give heartfelt thanks with "Twit – Twit – Twooooooo."

> A "Celebration of Vi's life" that will take place Saturday May 4, 2013

between 1 - 4 p.m., at the "Graham" 1935 Graham Blvd., Mount Royal, Quebec Vi's family is creating a photo/video collage as a tribute to her life. If anyone has photos of her, please contact Pat (bray)

Conchatre at pat@conchatre.com. All photos will be returned.

There is an obituary for Bray, Vi (nee Scott) and guest book on the Gazette's site <u>www.legacy.com/obituaries/montrealgazette</u>. Members of PCWQ will carpool to memorial. See page 10. *Carol Schweitzer, MCW, NCWC and PCWQ*

CRITIQ - Canadian Rights in Quebec

In collaboration with Institute for Public Affairs in Montreal

CRITIQ.CA

Event: A Conference on Civil Rights in Quebec **Featuring:** Civil Rights Lawyer Julius Grey, Professor Germain Belzile, HEC; writer Eric Duhaime; and Beryl Wajsman, Founder &

President of the Institute for Public Affairs **Date:** Sunday, April 28, 2013 at 2:00 pm **Free Admission Place:** Delta Hotel Centre-ville, 777 University Street **Website** www.critiq.ca / Email info@critiq.ca



NATIONAL COUNCIL OF WOMEN OF CANADA

NEWS FROM NATIONAL

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Dear Members,

The month of May finds the NCWC Executive very busy with preparations for the Annual General Meeting, the docket is being prepared, the financial statement and budget for next year is being finalised and registrations are being processed as they arrive. Our hosts in Vancouver are very busy too!

While we appreciate that for those who live in eastern Canada the cost of attending the annual conference may prove too expensive, it is nevertheless extremely important for members to participate

fully in the process. As I said in my message presenting the Registration package, the future health of NCWC depends on an engaged membership. Engagement begins with writing and submitting resolutions but only ends with your affirmation of them, so that they become the policy upon which we can advocate. Even if you cannot be present, in person, in Vancouver please ensure your proxy vote reaches us. The information on how to do this is in the Proxy Form which came with the Registration package. If you have lost it you will find another on the website [Google ncwc and look under "What's new"]. Any Council, Affiliate or member sending a proxy vote will receive the Docket of reports and information.

As you have probably heard we have had glitches in publishing the Newsletter. We are now in the process of putting it together. If you have something you would like to contribute we would appreciate you emailing it to ncwc@magma.ca as soon as possible.

By the time you read this my family vacation in Europe will be nearly over, I return on May 2nd. My thanks for covering for me go to Carol Schweitzer, V.P.Admin. and Margaret Ford, Treasurer, who will be keeping the home fires burning!

Best wishes for a warm spring to all members.

Denise Mattok, President, National Council of Women of Canada

ncwc@magma.ca www.ncwc.ca

National Council of Women of Canada - 120th Annual General Meeting June 6 – June 9, 2013

Best Western Plus Abercorn Inn, Richmond, BC

Register by May 1 to obtain special rates for NCWC

Registration Form – visit http://www.ncwc.ca/whatsNew_agm.html

Our hosts are the Vancouver Council, New Westminister Council and Provincial Council of Women of BC

Join us for great British Columbia hospitality

and continue the work of NCWC

through policy decisions, dialogue and friendship!



Follow the NCWC Blog – Mary Scott csw2012.blogspot.com



Browse the **International Council of Women Facebook** page - see what other Councils are doing around the world and contribute news.

FEDERATES' NEWS

NOTE: THIS IS THE LAST ISSUE OF THE BULLETIN DEADLINE for <u>SEPTEMBER</u> Bulletin: August 15, 2013 SUBMIT announcements to: mcwbulletin@gmail.com

2013-14 BULLETIN ISSUES: September, October, November, January, February, March, April, May **Deadlines** for submissions are 15th of preceding month



ANGLICAN CHURCH WOMEN – DIOCESE OF MONTREAL

Event: Annual "Women's Day of Celebration"; theme: Inspiration and Hope Date: Thursday, May 30, 2013

Time: Holy Eucharist at 10:30 am Place: Christ Church Cathedral, 635 Ste-Catherine St. West Celebrant: The Rev'd Shirley H. Smith, St. Stephen's

Lachine **Homolist:** The Rev'd Dorothy R. Samuel, St. Lawrence Church, Lasalle

Registration, Lunch, Afternoon Program at 11:30 am at Fulford Hall, 1444 Union Avenue

Guest Speaker: The Rev'd Sophie Rolland, Church of the Resurrection, Pointe Claire

Contact: Mary Pickup at 514-595-0614 Everyone is welcome!



CHEZ DORIS TEA

Event: The 4th Chez Doris Tea Time Fundraiser will warm hearts in style Enjoy scones, teas and sweet treats!

Date: Sunday, May 26, 2013 from 2-5 pm

Place: Chez Doris at 1430 Chomedey Street, in Montreal **Tickets**: \$50/person.

Contact: Josée Roy donation_accounting@chezdoris.ca or (514) 937-2341 ext. 223 or visit www.chezdoris.ca



DELTA KAPPA GAMMA Gamma Province, Quebec

Event: 57th DKG Annual General Meeting Date: Saturday, May 4, 2013

Place: Ruby Foos Hotel 7655 Decarie Blvd. Hong Kong Room

Time: 8:00-9:00 am Sign in or Late registration; Lunch at 1:00 pm

Speakers: Maria Katharina (Marika) Heimbach, European Regional Director; and Dr. Peg Dunn-Snow, Art Therapist, "Fridays with Dani: How Art Therapy is Helping One Child with Autism";

Tickets: \$40.00 includes registration; late registration \$50.00 (Cheque payable to *Delta Kappa Gamma*). Mail registration form and cheque before April 5 to Erika Sebalt, 4605 Patricia Avenue, Montreal, QC H4B 1Z2

RSVP: Erika Sebaldt erika.sebaldt@bell.net (514) 489-2760

ROYAL HERALDRY SOCIETY OF CANADA



Event: The Royal Heraldry Society of Canada and the Society of Scottish Armigers will hold a joint conference in Montreal **Date:** from **Friday May 31, 2013 to Saturday June 1, 2013**.

Guest of Honour: The Rt. Hon. The Lord Lyon, King of Arms, David Sellar, esq.

Activities: A champagne reception will be held the evening of May 31, 2013 at Maison Forget, 1195 Sherbrooke St. W. from 6:30 to 9:30 P.M. On Saturday June 1, 2013 a colloquium on heraldry will be held at Maison Forget organized by Professor Darcy Boulton of Notre Dame University. A banquet will be held that evening at the University Club. The Chief Herald of Canada will proclaim recent grants of coats of arms before the meal. The Chief Herald, Dr. Clare Boudreau will be wearing the new tabard recently designed for the office of Chief Herald of Canada. **Contact:** For more information about the event please contact the RHSC Laurentian Branch president, Peter Hogan at: <u>5</u>14 321 7475, or at peterwhogan@sympatico.ca.



ITALIAN WOMEN'S CENTRE OF MONTREAL

Event: IWCM Chit Chat & Tme for Me!

Do you wish to meet new people, share your thoughts, exchange your ideas, discuss current events, share matters of the heart? Join this open group anytime for a coffee in a warm and confidential atmosphere! Welcome to women of all origins! In English.

Date: Wednesdays, until May 29

Time: 10:00 am to 12:00 noon Contact: Josie Lacono Telephone: 514-388-0980, ext. 203 Place: Italian Women's Centre of Montreal, 1586, Fleury Street east, suite 100, Montréal, H2C 1S6 Tickets: Free – No registration or tickets required Email: <u>cfim@bellnet.ca</u>



McGILL WOMEN'S ALUMNAE ASSOCIATION

Event: Networking Brunch and 2013 Annual General Meeting

Date: Saturday, May 4, 2013

Time: 11:30 am to 1:30 pm Place: Omni Hotel (Pierre DeCoubertin), 1050 Sherbrooke

Street West

Admission: \$30.00 – Tickets on first-come, first served basis RSVP: Pre-Register March 21 to May 1

Contact: Registrar, 514-398-8288;montreal.registrar@mcgill.ca

The McGill Women's Alumnae Association (MWAA) invites you to an exciting career development event. On May 4, we will host the latest installment of our ever-popular Networking Brunch. (cont'd on next page...)

FEDERATES' NEWS

McGill Women's Alumnae Association (cont'd)

The festivities will include a brief Annual General Meeting, where we will present our slate of executive officers for 2013-2014. The event will also feature guest speaker and McGill alumna Dr. May Faraj, MSc'99, PHd'04, who will present "When the table turns and you're the supervisor; life after the PhD". Finally we'll dig in to a delicious hot and cold brunch buffet, and you will have plenty of chances to engage in some professional and personal networking. All women graduates of McGill from all faculties and schools are invited. Don't forget your business cards!



Ovarian Cancer Canada Cancer de l'ovaire Canada

Love Her – It's Mother's Day! Whether you are honouring your mother, grandmother, sister, daughter or friend on May 12th why not show how much she means to you by making a donation to Ovarian Cancer Canada (www.ovariancancercanada.org).

For a donation of \$20 or more we will send a beautiful personalized e-card to that special woman in your life. **This year consider a special gift to go with that card.**



We have **10 limited edition Birks sterling silver bracelets** that will be sent as a special gift to the first 10 people to **donate a minimum of \$250**. Thank you for your generous support.



THE SHIELD OF ATHENA

Event: You are invited by Chris Nilan, wellknown sports personality, to attend the Annual Launch of the Shield of Athena's Membership.

An evening of cocktails, dinner and entertainment. Come have fun!

Date: Wednesday, June 5, 2013

Time: 5:30-8:00 pm

Place: Baton Rouge Restaurant, 1050 de la Montagne **Tickets:** \$135 /person; all proceeds will go to the Shelter, Athena's House that services over 100 women and children a year.

Contact: For more information please call; 514-274-8117 Eleni Bakopanos, President



UNIVERSITY WOMEN'S CLUB OF MONTREAL

Event: Party to celebrate the end of another successful year. Members are invited to bring along friends who may be interested in becoming members. **Date**: Wednesday, June 5, 2013,

Time: 6:00-8:00 pm

Place: Coach House, 3529 Atwater Avenue

Tickets: Free RSVP by Friday, May 30, 2013 Contact: Dominique Racanelli Email: domrac@icloud.com Telephone: n/a

NOTICE OF ANNUAL AND SPECIAL GENERAL MEETING OF UNIVERSITY WOMEN'S CLUB OF MONTREAL

Date: Wednesday, May 15, 2013 at 6:00 pm Place: 3505 Atwater Avenue, Montreal



Event: Free monthly support groups to help women:

Thriving in Menopause – Wednesday evenings from 7-9 pm for 7 weeks beginning April 17, 2013. Facilitated by Lisa Robitaille, M.A., personal and workplace wellness coach. *Embracing your Introverted Self* – Thursdays from 7-9 pm for 7 weeks beginning April 18, 2013. Facilitated by Susan Molnar, M.Ed.

Healing Together - Coping with a miscarriage, still birth, or infant death. Every <u>second</u> Wednesday of the month from 7-9 pm.

Place: Meetings will take place at the West Island Women's Centre, located at St. Columba-by-the-Lake Church, 11 Rodney Avenue, Pointe-Claire. (Please use the Vincennes Avenue parking lot entrance.)

Registration is required.

Contact: To join these support groups, or for more information, please call the Women's Centre Outreach Line at 514-695-8529 or e-mail outreach@wiwc.ca. Space is limited.

Event: Balancing Your Life with Your Aging Parent or Relative. This interactive hands-on workshop aims to inform, empower and support those caught between the diverse needs of aging parents/relatives and children and their own lives. The presentation will be given by Kelly L. Howarth, M.Ed., an empowerment coach who leads individual and group coaching sessions for people sandwiched between shifting work and life priorities. **When: Tuesday, April 30** from 1-3 pm.

Event: Registration for Spring 2013 Session The West Island Women's Centre, a Centraide-supported agency, is holding ongoing registration for its spring session. The Centre offers educational, health-related and leisure courses for women and courses for preschool children. Classes begin the week of April 15, 2013. Read about our featured

courses in our 7-week session by visiting: www.wiwc.ca When: Monday through Friday from 8:30 a.m.-12 pm; 1-3 pm. Place: Registration and seminars will take place at the West Island Women's Centre, located at St. Columba-by-the-Lake Church, 11 Rodney Avenue, Pointe-Claire. (Please use the Vincennes Avenue parking lot entrance.)

Registration is required. Space is limited. Call to register. All of the Women's Centre's seminars and wellness clinics are free and open to the general public. Free childcare for preschool-aged children is also available, but you must register for this service by 3 p.m. on Monday, April 29. **Contact:** For information about this event or about the courses offered by WIWC, please call us at 514-695-8529 or e-mail wiwc@qc.aibn.com.

ANNOUNCEMENTS



MONTREAL GENERAL HOSPITAL SCHOOL OF NURSING ALUMNAE

The Montreal General Hospital School of Nursing Alumnae is holding its 108th annual dinner at the Omni Hotel on May 3, 2013. Approximately 170

graduate nurses will be in attendance this year celebrating either their 45th, 50th, 55th or 60th year reunion. - Jean Hall

WOMEN'S ART SOCIETY - NEW PRESIDENT



MCW Arts & Culture Convenor, Cheryl Braganza, has been appointed President of the Women's Art Society of Montreal (a federate) for the upcoming vear 2013-2014. Dr. Leslie Cohen stepped down this week. WASM was founded in 1894 by two

Montreal women, Phillips & Peck. It is one of the earliest art-focused organizations in Montreal which helped pave the way for the integration of women into the art world. Today, the general focus of WASM remains the same which is to promote literature, music and the visual arts, through lectures, concerts, exhibits and discussion. Cheryl Braganza, a painter, a pianist and a writer, brings to the position her experience on the Boards of the Montreal Council of Women, the Montreal Children's Library and her membership and collaboration with organizations such as DAM (Diversité Artistique Montréal), QWF (Quebec Writers Federation), ELAN (English Language Arts Network), SEDE (Social Equity & Diversity - McGill) & the Blue Metropolis Literary Foundation. She was also the MCW Montreal Woman of the Year 2008.

MCW congratulates Cheryl Braganza!

MCW CONGRATULATES FLORA TERAH VOTE FOR FLORA - Until May 13 on Internet

Flora Terah Igoki - among 75 finalists in **RBC Top 25 Canadian Immigrant Awards**



Flora, a member of MCW since 2011, was recently chosen from among 600 nominations to be one of 75 finalists in the 5th annual RBC Top 25 Canadian Immigrant Awards program, presented by Canadian Immigrant Magazine (a division of Metroland Medea Group) and associate sponsor Chevrolet. The

award recognizes individuals from diverse communities whose contributions enrich Canada and help make it a better place to live. MCW/NCWC members will have a chance to vote for Flora to become one of the 25 Award winners. The voting ends on May 13th, 2013. You may vote at http://canadianimmigrant.ca/canadas-top-25-immigrants/vote Read about Flora. Go to this site, click on her photo for more information about her and then vote.

Since arriving in Canada in 2009, Flora has been active in a number of Canadian organizations, sharing her expertise and participating in public education campaigns. She has continued this advocacy either working with or speaking to The Stephen Lewis Foundation, the Jeanne Sauvé Foundation, the Brian Bronfman Family Foundation, McGill University, York University, Carlton University, Canadian Lawyers Abroad and many others. She is the recipient of 2012 YMCA QUEBEC INTERNATIONAL PEACE MEDAL, November, 2012. Flora has addressed meetings attended by the world's influential leaders, like the Late Nobel Peace Prize winner, Professor Wangari Mathai, Dr. David Suzuki, the Right Honourable Paul Martin, the Former U.S. President Bill Clinton and the Former Governor Michaëlle Jean.

As a victim of horrible violent acts while a candidate for parliament in Kenya in 2007 and the subsequent murder of her only son in 2008, the need for peaceful solutions is never far from Flora's thoughts. Her work has focused on developing strategies to advance women's rights, end sexual violence and bullying in particular. Her outspoken advocacy and challenge to entrenched political interests led directly to her becoming a target of this violence. Her refusal to give in to intimidation and violence and continued engagement despite the heavy personal price she has paid offer a powerful example for Canadians. Her courage and tenacity remain a powerful voice for change in Canada and the World. Her contribution to our societv is significant and unique while her message is compelling; women everywhere should be empowered and protected. When that happens, everyone benefits. - Lyna Boushel

Conseil provincial des femmes du Québec **Provincial Council of Women of Quebec**

Notice of Fifteenth Annual General Meeting

REVISED Saturday, May 4, 2013 9:30 a.m. to 12 noon Fulford Hall, 2nd floor, 1444 Union Ave., Montreal **Register by April 20**

9:30 a.m. Registration & coffee - 10:00 a.m. Annual Meeting **Registration Fee:** \$10 (covers refreshments and handouts) Post cheque to: Marjorie Windeler, 605-175, rue William-Paul, Verdun, QC. H3E 1P1

The agenda will include the reception of reports and discussion of the Resolutions to be voted on at the NCWC AGM to be held in Richmond, BC at the beginning of June. These include 2 resolutions submitted by MCW. We also need to discuss the topics about which we wish to write to the provincial government at this time.

A most important item of business will be a discussion of future plans for the PCWQ. After a long & snowy winter we now have an opportunity to meet and share ideas so we hope that as many members as possible will be able to be present on April 20th. We need to ensure we have a quorum for any decisions we make. Please respond by April 20.

A number of you may remember Vi Bray who was for many years a very active member of Council at the local, provincial & national levels. We were all very sad to hear that she had died towards the end of March - she will be sorely missed. A Celebration of Vi's life will be held between 1 & 4 pm on Saturday May 4th at 1935 Graham Blvd, Town of Mount Royal. Some of us are planning to go up to TMR after the end of the PCWQ AGM so that we can celebrate Vi's life together with her other friends & family - I'm sure she would appreciate our presence. We are thinking of carpooling from downtown to TMR to avoid parking problems - let us know if you would like to join us in this - Email: ealasaid@rougenet.gc.ca.

- Elizabeth Hutchinson, President, PCWQ



To all our Mothers and mother figures in our lives who have loved and supported us through the good and bad times, we thank you for always being there. On Sunday, May 12, 2013,

women. Let's remind them how

reach out to these special

WE HONOR AND LOVE YOU

important they are to us and celebrate Mothers!

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